Ashok Kumar

Senior Karate Grand Master
Regional Secretory

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Contact Information
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Professional Summary

Dynamic and dedicated martial arts instructor with over a decade of experience in leading sports federations, coaching karate and taekwondo programs, and promoting physical fitness through disciplined training regimens. As Joint Secretary of All India Shoto-Budo Karate-Do Federation and Chief Instructor for state-level associations, I have honed skills in athlete development, team leadership, and holistic wellness programs.

Eager to contribute to Guru Nanak Institutions Technical Campus by designing engaging fitness curricula, physical education modules, and extracurricular activities that enhance student health, discipline, and performance. Expertise in martial arts-based fitness aligns seamlessly with roles as Fitness Coach, Physical Director, or Wellness Trainer.

Professional Experience

- **Chief Instructor & Director**
  Telangana Samurai Sports Association (Affiliated with Samurai Sports Federation-India) November 2024 Present
  - Lead martial arts and fitness training programs for diverse groups, emphasizing samurai sports disciplines to build strength, agility, and mental resilience.
  - Oversee association operations, including event planning and compliance with international standards (valid until March 1, 2026).
  - Promoted to International Samurai Federation member, fostering cross-state collaborations for youth fitness initiatives.

- **Joint Secretary (India Level) & State President**
  All India Shoto-Budo Karate-Do Federation (AISBF)
  January 2021 Present (Membership expires December 31, 2021; renewed affiliations ongo- ing)
  - Serve as national Joint Secretary, coordinating karate-do programs across India with affilia- tions to World Karate Federation (WKF), Asian Karate Federation (AKF), and International Olympic Committee (IOC).

- Founded and preside over All Telangana Shoto-Budo Karate-Do Association (Affiliation No. AISBF/01/16/20), training over [X] participants in Shotokan karate techniques for physical conditioning and self-defense.
- Developed affiliation frameworks for regional bodies, including South Asia Shoto-Budo Karate-Do Federation and All Delhi Shoto-Boudo Karate-Do Association (Affiliation No. DL-T-117, valid until December 31, 2023).

- **State Head (Telangana)**
  New India Taekwon-Do Association (NITA)
  January 2022 Present (Affiliation No. NITA/0123; valid until December 31, 2026)

  - Direct taekwondo training and fitness workshops, integrating high-intensity kicks, forms, and sparring to improve cardiovascular health and coordination.
  - Collaborated with national bodies to certify programs, promoting taekwondo as a core fitness discipline for student-athletes.

- **Official Examiner & Instructor**
  Shotokan Karate World Association (SKWA) & Karate Association of India (KAI) May 2020 Present (6th Dan Certification)
  - Conducted black belt examinations and awarded 1st Dan diplomas to deserving practition- ers, including personal conferral to self in recognition of diligent study and progress.
  - Delivered instructor-led sessions focusing on karate-do fundamentals, contributing to WKF- recognized events.

Certifications & Achievements

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Certification/	Diploma	Date Issued	Key Details
1st Dan Black Belt Diploma (Karate-Do)	All India Shoto-Budo Karate-Do Federation (AISBF)	May 1, 2020	Recognized for exceptional progress in Shotokan karate; examined by Founder & President Ren Shi Vijay Kumar (6th Dan for SKWA & KAI).
Membership Card (India Joint Secretary)	AISBF	November 2021	Affiliation with WKF, AKF, IOC; State: All Telangana (Membership No. AISBF/01/116/21).
Affiliation Certificate (State President)	All Delhi Shoto-Boudo Karate-Do Association	December 2023	Approved by Karate Association of India (KAI); Affiliation No. DL-T-117.
Certificate of Approval (Director/Chief Instructor)	Samurai Sports Federation-India	November 14, 2024	For Telangana Samurai Sports Association; Valid until March 1, 2026 (Approval No. S/109).
Affiliation Certificate (Telangana State Head)	New India Taekwon-Do Association	January 2022	Certificate No. 0129; Date of Registration: DD 01 MM 05 Y 2022.
Membership Promotion Certificate	Samurai Sports Federation of India	November 14, 2024	Promoted to New Delhi International Samurai Federation (Certificate No. 40).
1st Dan Black Belt Diploma (MA)	All India Shoto-Budo Karate-Do Federation	[Date from Diploma]	IOC & WKF-recognized; For diligent study and future endeavors.

- Additional Recognitions: Affiliated with South Asia Shoto-Budo Karate-Do Federation (Cer- tificate No. 0117); Shotokan Karate World Association member; Examiner for black belt promotions.

Skills

- Fitness & Training Expertise:

  Martial arts instruction (Karate-Do, Taekwondo, Samurai Sports),

  strength & conditioning, agility drills, flexibility routines (adaptable to yoga-inspired
  wellness).
- Leadership & Administration: Federation management, event coordination, athlete mentor- ing, program certification.
- Technical Skills: Curriculum design for physical education, sports safety protocols, motiva- tional coaching for youth and adults.
- Soft Skills: Discipline building, team motivation, cross-cultural collaboration (international affiliations).
- Languages: English, Hindi, Telugu (fluent).

Educatio n

Intermediate Education

Language : Telugu, Hindi

References

- Dr. P.Laxman ,ECE GNITC , 8919910216